



VITAMIN B₁₂ PRODUCTION FROM SAGO WASTE – A SHORT REVIEW

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Abstract

Vitamin B₁₂ is very important in the diet because they are of great value in growth and metabolism of the living cell. As the demand for vitamin B₁₂ increased, fermentation processes were developed with higher yielding strains. Commercial production is currently carried out easily by fermentation. Vitamin B₁₂ is produced exclusively by microorganisms. Microorganisms most commonly exploited for the *Pseudomonas freudenreichii* and *Pseudomonas denitrificans*.

Key words: Fermentation process, *Pseudomonas Sp*, Sago waste, Vitamin B₁₂.

Introduction

Cobalamin (vitamin B₁₂) is the largest B vitamin and was the last one to be isolated in 1948 by Dr. E. Lester Smith in the UK from liver. It is a red crystalline substance. It had been known as early as 1926, that something in raw liver was a treatment for anaemia. There are various forms of the cobalamin (so called due to the presence of cobalt) molecule, some of these are; methyl-, cyano, adnosyl- and hydroxocobalamin (B₁₂b). There are also nitrit (B₁₂c), sulphito and aquacobalamins. The human body can normally convert from one from to the other. The human body typically contains 5000-10000 µg of B₁₂ distributed about equally between the liver, kidneys and nervous system. Indeed the liver can store enough B₁₂ for many years of supply, so that daily ingestion of B₁₂ is not required. Most of the B₁₂ present in animal tissues is in one of the two coenzyme forms, adnosylcobalamin or methylcobalamin and not actual vitamin B₁₂ (cobalamin), which may be present due to diffusion from gut bacteria or active transport using intrinsic factor. Vitamin B₁₂ is also water soluble and therefore easily lost, whereas cobalamin coenzymes will remain in the liver and nerve cells and can be effectively recycled.

Vitamin B₁₂ deficiency and diseases

Vitamins play a major role in human for their normal metabolic and other activities. Deficiency of vitamins leads to adverse effects. Vitamin B₁₂ was first isolated by E. Lester Smith in U.K. from human liver. It had been known as early as 1926, that something in raw liver was a treatment for anemia. According to Mervyn, pig's liver contains 25mg/100g of B₁₂ vitamin. Chemical synthesis of vitamin B₁₂ is practically impossible (Yongsmith *et al.*, 1982).

The deficiency of vitamin B₁₂ causes many a health problems to human beings such as blood disorders (Sengupta *et al.*, 2001; Dguric *et al.*, 2001.) and neurological disorders (French, 2000; Weir *et al.*, 1999). The symptoms of vitamin B₁₂ deficiency include disturbed sense of coordination, paraesthesiae, loss of memory, abnormal reflexes, weakness, loss of muscle strength, exhaustion, confusion, low self confidence, spasticity, incontinence, impaired vision, abnormal gait, frequent need to pass water and physiological deviances. Non anemic deficiencies play a role in disease such as multiple sclerosis, fibrinomyalgia, diabetes and chronic fatigue syndrome. Schizophrenia was also being successfully treated with B₁₂ plus other supplements and

cardiovascular disease is linked to B₁₂ deficiency while Herpes zoster used to be treated with vitamin B₁₂ injection back in the 1950's (Carmel, 2000; Weir *et al.*, 1999; Carmel *et al.*, 1999).

A study on deficiency of vitamin B₁₂ in 225 patients (mean age of 43.08±3.8 and at a ratio of M:F = 3:6.1) demonstrates the clinical features such as neurological-neuropathy or myleopathy -47%, mental symptoms -14%, anemia related symptoms -14%, pallor -42%, oral ulcers-38%, hyper pigmentation -25%, diarrhoea -24%, vomiting-19% and epigastric pain -28%. Mean duration of the symptoms was 7 months.

Isolation of vitamin B₁₂ producing organisms

Several microorganisms produce vitamin B₁₂. Many species of bacteria, fungi and actinomycetes are being used for the production of vitamin B₁₂. The bacteria isolated from the sago waste produce minerals in the lowest amount followed by protein, vitamin B₁₂ or riboflavin. Thus the vitamin production by bacteria from the sago waste appears to compliment vitamin concentration in sago waste (Ha *et al.*, 1996).

The sago waste is most pronounced with short rods, including the members of genere Pseudomonas, Flavobacterium, Alcaligens and it may be these group that are most active in vitamin production.

Fermentation

Vitamin B₁₂ is exclusively synthesized by fermentation. The complexity in the structure led vitamin B₁₂ to be rightly regarded as an extreme challenge to the synthetic chemist. Yet microorganisms achieve this synthesis *in vivo* with complete control of region and stereochemistry (Blanche *et al.*, 1995).

Number of seperative fermentation processes are involved in the production of vitamin B₁₂, they are cross flow filtration (Hatanata *et al.*, 1988), fermentation coupled with activated charcoal adsorption column (Nikano *et al.*, 1996), extractive fermentation (Lewis *et al.*, 1982; Yang *et al.*, 1995), electro dialysis culture (Zhang, 1993) and immobilized cell culture (Youngsmith *et al.*, 1982; Yang *et al.*, 1995) have been developed to remove propionate and acetate from fermentation broth in the fermentation with propionic acid bacteria.

The *Propioni bacteria* produce vitamin B₁₂ intracellularly and excrete propionic acid and acetic acid as a major fermentation product, especially propionate inhibits cell growth (Hsu *et al.*, 1991). *Propioni bacterium freudenreichii* synthesize vitamin B₁₂ more effectively while undergoing aerobic, anaerobic and periodic

fermentations (Ye *et al.*, 1996). During the past two decades several microorganisms including *Propioni bacterium* (Yongsmith and Chutima, 1983), *Methanosarcina* (Mazumdav *et al.*, 1987) and *Butri bacterium* (Zeikus, 1980) have been investigated and shown to produce vitamin B₁₂.

Although *Propioni bacteria* are anaerobic, they are not sensitive to oxygen and can grow in aerated media without forming propionic acid (Hettinga *et al.*, 1972). But oxygen is found to have an influence on the cells grown in aerated medium for a long time (Vries *et al.*, 1972). Therefore, a two stage fermentation process was developed to improve the production of vitamin B₁₂ namely anaerobic fermentation in the first stage and aerobic fermentation in the second stage for decomposition of propionic acid (Quesaele-Chanto, 1994). The microorganisms most commonly used in the industrial production of vitamin B₁₂ are *Propioni bacterium freudenreichii*, *Propioni bacterium shermanii* and *Pseudomonas denitrificans* (Bykhovsky *et al.*, 1991).

Mixed cultures are more effective in the production of vitamin B₁₂ by using raw and cheap materials as carbon source. In the case of waste, tomato pomace, the mixed culture of *Trichoderma reisei* and *Propioni bacterium shermanii* were used (Haddadin *et al.*, 2000). Sugars produced during the degradation of cellulose of tomato pomace by *Trichoderma reisei* was utilized as carbon source by *Propioni bacterium shermanii* (Haddadin *et al.*, 2000). Another system of mixed culture of *Propioni bacterium freudenreichii* and *Ralstonia entropha* was employed to keep the propionic acid in low level, noting that the propionic acid produced can be simulated by the *Ralstonia entropha* (Byrom, 1987; Holmes, 1985; Doi, 1990; Anderson and Dawes, 1990).

Propinic acid could be degraded and its concentration could be decreased when the culture condition was switched from anaerobic condition to aerobic condition where DO concentration was controlled in between 1 and 5ppm (Shijo and Shimizn, 1996). An another method of intermittence fermentation with 84 hours anaerobic and 84 hours aerobic culture at 30°C was successfully conducted by using whey lactose as a carbon source by Marwaha *et al.*, (1983). Microorganisms producing vitamin B₁₂ from methanol or n-paraffin are well known, for instance *Protaminobacter rubber* (Toraya *et al.*, 1975), *Bacterium* FM-027 (Ymane *et al.*, 1976), *Pseudomonas* AM1, *Klebsiella* (Nishio *et al.*, 1977), *Nocardiagardeneri* (Fujii *et al.*, 1966) and *Acetobacteriuim* spp.

Media used for the production of Vitamin B₁₂

A number of chemical and modified media has been

suggested for the production of vitamin B₁₂. Ye *et al.*, (1996) suggested a chemical medium for *Propionibacterium freudenreichii* in their experiment with periodic variation of dissolved oxygen concentration in the fermentation system. Another chemical medium was recommended for *Acetobacterium* spp. for the production of vitamin B₁₂ (Inone *et al.*, 1992).

Some others used modified media for the production of vitamin B₁₂ with less cost by using raw sugar sources. Waste materials from other industries like tomato pomace (Haddadin *et al.*, 2000), whey permeate (Marwaha *et al.*, 1983), waste products of dairy industry (Marwaha and Sethi, 1984) are used as media for vitamin B₁₂ production. The supplementation of amino acids, betaine and choline into whey lactose permeate medium improve the biosynthesis of vitamin B₁₂ (Marwaha *et al.*, 1983). The use of tomato pomace as a substrate for the synthesis of vitamin B group, for example vitamin B₁₂, could have much to recommend it (Brock, 1984).

Culturing of *Propionibacterium shermanii*, *Propionibacterium petersoni* and *Propionibacterium freudenreichii* (only in mixed culture) in a cheese-whey medium for vitamin B₁₂ biosynthesis has been attempted successfully (Pedziwilk *et al.*, 1970; Janika *et al.*, 1976) but with various cultured conditions and biosynthetic capabilities. The incubation period of 168 hours was considered optimum for the Vitamin B₁₂ production since thereafter a decreased productivity was recorded (Yongsmith *et al.*, 1979). In a study conducted by Marwaha and Sethi, (1980) the time of fermentation was shortened by a day as compared with other workers (Pedziwilk *et al.*, 1970).

The strains of *Propionibacterium shermanii* other than P.S.566 in cheese whey medium have produced maximum quantities of product when fermentation was carried out at 37°C for 4 days followed by 30°C for 4 days (Sankar *et al.*, 1974) and at 37°C for 2 days and then 30°C for 5 days (Vorob'eva and Kozyreva, 1967). δ - aminolevalinic acid synthase and δ - aminolivalinic acid dehydrase are the two critical enzymes required for vitamin B₁₂ production and 48 hours old inoculum of *Propionibacterium shermanii* has been found to be optimum for fermentation.

Extraction of Vitamin B₁₂

In early days, some methods were used for the extraction of vitamin B₁₂ from animal tissue and this include, digestion with pancreatin or trypsin at neutral pH and at a temperature of 37°C for 20-48 hours. Autolysis in presence of KCN, autoclaving in water for 5 or 30 minutes at 121°C, autoclaving in phosphate buffer

of neutral reaction and autoclaving in acetate buffer of pH 4.5 (Shenoy and Ramasarma, 1953). The same authors demonstrated the use of bisulfite in order to prevent the destruction of vitamin B₁₂ activity during the extraction procedure.

According to collaborative test reported by Shenoy and Ramasarma, (1953), highest and most consistent values were obtained on treatment with bisulfite or 25% alcohol owing to their eluting and (or) stabilizing properties. Protection of vitamin B₁₂ activity by nitrite has also been reported by the authors mentioned above. Vitamin B₁₂ has been extracted from the cells by adjusting the pH of the medium to 3 using concentrated H₂SO₄ and then boiling for 30 minutes. The resulting solution was centrifuged. Dead cells were discarded and the centrifugate was used to determine vitamin B₁₂ content (Janicks and Pedziwilk, 1966). At the end of fermentation, the cell biomass was centrifuged off and used for vitamin B₁₂ extraction by adjusting the pH to 5.0 with 0.75N H₂SO₄ and warming in a water bath for 30 minutes (Pedziwilk, 1966).

Assay of Vitamin B₁₂

Determination of vitamin B₁₂ is of relevance to various fields such as clinical analysis, food processing and fermentation processes (Kothouse *et al.*, 1977). Methods used frequently for the vitamin B₁₂ determination are microbiological assay (Schneider *et al.*, 1987; Sato, 1983, 1996; radio isotope assay (Bain *et al.*, 1982; Sahni *et al.*, 2001), high performance liquid chromatography (HPLC) (Li *et al.*, 2000), chemiluminescence assay (Wentworth *et al.*, 1994) and fluorimetric assay (Li and Chen, 2000).

Vitamin B₁₂ is also determined either by direct absorbance measurements on aqueous solution or, indirectly and more frequently by measuring the cobalt it contains by atomic absorption spectrometric, chromatographic or catalytic kinetic (Manuela *et al.*, 1983) methods.

Another method for the detection of vitamin B₁₂ is the competitive binding assay, which was first described by Herbert in 1958 (Herbert and Colman, 1988). This technique was subsequently employed for use in determining the amount of vitamin B₁₂ in serum and plasma (Barakat and Ekins, 1961; Rothenberg, 1961) and was later applied to foods by a number of investigators (Richardson *et al.*, 1978; Beck, 1979; Marcus *et al.*, 1980; Casey *et al.*, 1982; Bennink and Ono, 1982; Osterdahl *et al.*, 1986).

Calibration standards employed in competitive binding assays are most often prepared from cyanocobalamin, whilst the radioactive vitamin B₁₂ and the binding protein utilized are usually cyanocobalamin and hog intrinsic factor respectively (Richardson *et al.*, 1978; Beck, 1979;

Marcus *et al.*, 1950; Casey *et al.*, 1982; Nexo and Oleson, 1982). The extraction and determination of vitamin B₁₂ by treating with a mixture of phosphate buffer and KCN followed by spectrophotometry at a wave length of 367 nm (Nakano *et al.*, 1996) has been reported. In another method of spectrometry the vitamin B₁₂ was converted into dicyano form and measured at 580nm (Marwaha *et al.*, 1983).

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